



City Update

News and Information for City of Saint Paul Employees

August 13, 1999

Inside This Issue

City Building Update

Blood Drive - Sept. 7

Identifying Depression

Habitat Volunteers Needed

Interim Directors Now Permanent

Job Openings

Mayor

Norm Coleman

Council Members

Jerry Blakey

Christopher Coleman

Michael Harris

Jay Benanav

Jim Reiter

Dan Bostrom

Kathy Lantry



Mayor Norm Coleman provided muffins and coffee to downtown construction workers, pedestrians and commuters as a thanks for their hard work and patience as Saint Paul changes the face of downtown.

Building A Better Saint Paul

Great cities have great streets. A quick look around downtown clearly shows how well the City is progressing in its campaign to build a better Saint Paul.

Beginning this week, parts of St. Peter and 4th Streets will be partially closed for streetscape work. St. Peter Street, between Kellogg Boulevard and 6th Street, will be closed to vehicular traffic for 45 days. Fourth Street, between St. Peter and Wabasha Streets, will be closed to vehicular traffic for up to 21 days. Pedestrian access to businesses and offices will be provided during this time.

The construction work currently underway includes new concrete driving lanes, new parking lanes and crosswalks, historic ornamental lighting, traffic calming, new sidewalks, boulevard trees and bicycle racks.

The work is part of a major street redesign to complement the dramatic private construction projects, and encourage a retail and pedestrian friendly atmosphere at street level. The project follows the principles of Saint Paul on the Mississippi Development Framework, a comprehensive plan designed to strengthen the connections between downtown, the Mississippi River and the rest of the community.

Save A Life - Donate Blood on Sept. 7

It can take from 4 to 40 units of blood to treat just one accident victim. That blood cannot be manufactured. It can only be donated.

As you enjoy the upcoming Labor Day Weekend, know that your generosity will make a difference in someone's life. Blood Donation takes only about an hour. Thank you for saving lives.

Our Next City/County Blood Drive will be held on:

Tuesday, September 7, 1999

8:30 a.m. - 2:15 p.m.

Rooms 40 - 42 Courthouse Basement

To make an appointment, call Linda Crosby at 266-6530, or e-mail linda.crosby@ci.stpaul.mn.us

Saint Paul
Celebrating 150 Years

Identifying and Treating Depression

Identifying Depression

Depression is a serious medical condition that affects more than 17 million Americans annually. In fact, one in four women and one in 10 men will confront depression at some time in their lives. Unfortunately, nearly two-thirds of individuals who suffer from depression fail to recognize the signs of depression, or they fear the reactions of coworkers, friends and family. As a result, millions of people with depression do not seek treatment.

Symptoms of Depression

Depression has a variety of symptoms, but the most common is a feeling of sadness. While brief periods of feeling blue can be normal, when such feelings persist for more than two weeks -- and the mood impairs your ability to function at work or socially -- you may be suffering from depression. Many factors play a role in the onset of depression, including brain chemistry, genetics, personality and environmental conditions. However, depression can still occur in ideal living situations.

In general, a person with depression has at least five of these nine symptoms, including at least one of the first two:

- Depressed mood
- Loss of interest or pleasure in daily activities
- Loss of appetite or an unintentional weight change
- Problems of too little or too much sleep

- Feelings of restlessness or sluggishness
- Fatigue or loss of energy
- Feelings of guilt or worthlessness
- Inability to think clearly or concentrate, complete tasks or make decisions
- Thoughts of death or suicide

Especially when treated early, depression is the most treatable of mental disorders

Depression is diagnosed only if the above symptoms are not due to other conditions or illnesses-- such as diabetes, thyroid disorders, multiple sclerosis, heart disease, cancer and stroke--and are not the side effects of medications or substance abuse.

Getting Help

If you recognize symptoms of depression, you should see your doctor to determine if you might be suffering from depression. Especially when treated early, depression is the most treatable of mental disorders. Between 80 and 90 percent of people with depression respond well to treatment.

For more information about depression, talk to your personal physician, or call the HealthPartners Partners for Better Health® Phone Line at (612) 883-7800. HealthPartners EAR (1-800-659- 7594) can also provide confidential counseling about depression and life issues that might be factors in the condition.



Habitat Volunteers Needed

If you missed the opportunity to work on the Habitat for Humanity project this summer or you'd like another chance to volunteer, 10 people are needed each day on September 15, 16 and 17.

Information on the specific type of work to be done will follow in a few weeks. The house (pictured left) is located at 75 W. Lawson Avenue, near 35E and Maryland. So far, 61 City employees have helped on this project.

Please contact either Mike Kassan at 266-6249 or Pat Byrne at 292-6657.



Three interim directors made permanent; Deputy Director of Parks and Recreation hired

Three members of Mayor Norm Coleman's administration who have been serving as interim directors are now permanent.

Tom Eggum, Brian Sweeney and Vic Wittgenstein have been named directors of the departments of Public Works, Planning and Economic Development, and Parks and Recreation, respectively. In addition, Liz Anderson has been named the deputy director of Parks and Recreation.

"I am pleased to make these three outstanding individuals a permanent addition to my administration. They have done an excellent job managing their respective departments as interim directors. Saint Paul is fortunate to have such dedicated and skilled people in management roles."

- Mayor Norm Coleman

Tom Eggum, Director of Public Works

See Employee Spotlight

Brian Sweeney, Director of Planning & Economic Development

Brian Sweeney has been interim director of Planning and Economic Development (PED) since March 1, 1999. He has extensive experience in strategic planning and management. Prior to joining PED, Brian served as

the director of strategic policy for Mayor Coleman. He also served as an appointee with the Reagan and Bush Administrations at the Department of the Interior and the Department of Energy, where he managed 1,000 personnel and a \$1 billion budget as well as handling several highly controversial public issues.

Brian is a graduate of George Washington University in Washington D.C. He lives with his wife and two children in Stillwater.

Vic Wittgenstein, Director of Parks and Recreation

Vic Wittgenstein has more than 30 years of experience with the Saint Paul Department of Parks and Recreation. He began his service as a recreation leader in 1964 and has since served in a variety of positions including director of the Sylvan Recreation Center, assistant supervisor of municipal athletics and manager of special services. Vic has served as interim superintendent of Parks and Recreation since December 1998.

A lifelong resident of Saint Paul, Vic is a graduate of the University of St. Thomas in Saint Paul. He and his wife, Sue, have six children.

Liz Anderson, Deputy Director of Parks and Recreation

See page 4

Employee Spotlight

Tom Eggum

Tom Eggum has more than 30 years of experience with the City of Saint Paul. He began his service in 1969 as an office engineer and has since served in a variety of positions within the Department of Public Works including staff engineer, city engineer, deputy director of public works - manager of administration division, and director of Public Works.

Prior to his permanent appointment, Tom served as the interim director of Public Works where he was responsible for directing the department's 430 full-time employees and \$97 million operating budget.

In 1995, Tom received the Minnesota Engineer of the Year Award from the City Engineers Association of Minnesota and in 1994, he was named Civil Engineer of the Year by the American Society of Civil Engineers.

Tom is a graduate of the University of Minnesota and received his Master of Science in Civil Engineering and Master of Public Works Administration from the University of Pittsburgh.

He resides in Saint Paul with his wife and two children.



City Update is still seeking employees who deserve special recognition. Contact Jodi Ellwood at 266-8528 or jodi.ellwood@ci.stpaul.mn.us

Liz Anderson Named Deputy Director of Parks and Recreation

Mayor Coleman announced that Liz Anderson has been hired as the new Deputy Director of Parks and Recreation. Liz most recently served as the committee administrator for the Environment, Natural Resources and Agriculture Finance Committee at the Minnesota House of Representatives. She is currently a commissioner on the Saint Paul Parks Commission.

Liz also has served as a consultant to the Minnesota Department of Natural Resources where she implemented a process to develop a long-term collaborative management strategy for greenway corridors and significant natural areas in the seven-county metropolitan area. She also served 10 years on the Met Council and was the assistant to the commissioner for the Department of Employee Relations.

Liz received her bachelor's degree from the College of Saint Benedict in St. Joseph, MN, and has completed her course work for a master's degree in Landscape Architecture from the University of Minnesota. She resides in Saint Paul.

City Update

170 City Hall
15 W. Kellogg Blvd.
Saint Paul, MN 55102
651-266-8528
fax 651-266-8689
e-mail:
city.update@ci.stpaul.mn.us

City Update is a bi-weekly newsletter for City employees published by the Citizen Service Office of the City of Saint Paul. Submission deadline is noon on Tuesday, one week before payday. Call 266-8528 for information or for a calendar.

August 13 Trivia Question

Q: Payne Ave. was once known by another name. What was it?

July 30 Trivia Question & Answer

Q: When were Saint Paul and Minneapolis first connected by telephone?

A: 1879

Job Openings as of August 13, 1999

Application Deadline	Job Title	Bi-Weekly or Hourly Salary Rate	Exam Date
08/16/99	Accounting Clerk II	\$1030.66	08/18/99
Open	Clerk -Typist II	\$ 867.58	TBN
Open	Communications Technician	\$1359.09	Quals
Open	Communications Technician Trainee	\$1111.53	Quals
Open	Engineering Aide II	\$1057.74	TBN
08/23/99	Environmental Health Inspector Supervisor (prom)	\$1507.90	09/01/99
Open	**Food Service Assistant (part-time)	\$8.43 per hr	See Job Ann
Open	Food Service Helper (part-time)	\$7.75 per hr	See Job Ann
Open	IS Information/Technical Analyst I	\$1139.99	Quals
Open	IS Information/Technical Analyst II	\$1326.60	Quals
Open	IS Information/Technical Analyst III	\$1470.98	Quals
Open	IS Systems Support Specialist II	\$1089.46	Quals
Open	IS Systems Support Specialist III	\$1326.60	Quals
Open	Library Associate (part-time)	\$1086.23	Quals
Open	Library Clerk (part-time)	\$9.23 per hr	Quals
Open	Park Aide (seasonal/part-time)	\$6.88 per hr	Quals
08/24/99	Telecommunicator	\$1242.48	09/10/99
Open	Ticket Sellers - River Centre (part-time)	\$5.50 per hr (in training)	TBN

****This is a walk-in examination. Do not submit a job application before the test.**

Note: Call or visit the Office of Human Resources at 400 City Hall Annex to receive the official job announcement for these positions. Phone: (651) 266-6500 (TTY/TDD 651-266-6501). For jobs announced after August 4, please call the 24-hour job line, (651) 266-6502.